

CANADIAN CHAMPS.

JULY 1974

shackles & cringles

canadian albacore association

newsletter

RETURN POSTAGE WILL BE PAID BY
Canadian Albacore Association
P.O. Box 4,
Etobicoke, Ontario M9C 4V2

APR 29 1974
1000



FIRST CLASS MAIL

J. O. Duncan
7800 Buckboard Court
POTOMAC, Maryland 20854
U.S.A.

CANADIAN CHAMPIONSHIPS
ANNUAL MEETING



APPLICATION FOR NEW MEMBERSHIP

To: Canadian Albacore Association
P.O. Box 4,
Etobicoke, Ontario. M9C 4V2

DATE.....19....

.....
(Name)

.....
(Home Residence)

Sail No.

.....
(Summer Residence and Lake)

Boat Manufacturer
and Model Year

.....
(Club Affiliations, if any) Fleet Membership: 5 Boats & Under \$7.00
6 Boats & Over \$10.00
MEMBERSHIP FEE \$7.00 - Please enclose cheque payable to the Canadian Albacore
ASSOCIATE MEMBERSHIP \$3.50 (Non Boat Owner) Association

MEMBERSHIP RENEWAL FORM

Memberships are now due for the 1974 season.

To: Canadian Albacore Association
P.O. Box 4,
Etobicoke, Ontario M9C 4V2

Date.....19....

.....
(Name)

.....
(Home Residence) (Please advise change of address)

Sail No.

.....
(Summer Residence and Lake)

Boat Manufacturer
and Model Year

.....
(Club Affiliations, if any) Fleet Membership: 5 Boats & Under \$7.00
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volume XIII number 3

july 1974

comment

HELP - We have 'help' - We are pleased to advise that one of our Albacore sailors, Helen Kettle, has kindly offered to help with the many duties involved in keeping the Association afloat. Helen will now look after the membership files, dues, correspondence, etc., and will serve as Assistant Secretary-Treasurer.

The other sailor on this two-woman team will continue as Editor of Shackles & Cringles, the Members Log, (which should reach you within a few weeks), a little public relations, trying to keep us all 'happy while we sail' and make for closer liaison between Members and the association.

MEMBERSHIP DUES - Please note the following address for future correspondence re dues, membership queries, change of address, or sail number:

Canadian Albacore Association,
P.O. Box 1028,
Station Q,
Toronto, M4T 2P2, Ontario.
Telephone 416-967-4913

Please continue to mail correspondence regarding Shackles & Cringles, Members Log, (other than change of address or sail number), advertising, publicity, suggestions, or problems to the address stated below:

Canadian Albacore Association,
P.O. Box 4,
Etobicoke, M9C 4V2, Ontario.
Telephone, 416-621-9685.

We are spreading our sails in an effort to give you better service as a member of the CAA. We look forward to your co-operation. We can all as a 'team' on land or water, do our part in making the ALBACORE one of the greatest classes not only in Canada but in many countries throughout the World.

If you have not paid your 1974 Membership dues - no further issues of Shackles & Cringles will be mailed to you. 'Sorry about that'.

editor / olive erskine

commodore

Commodore Paterson will have a message for you in the Canadian Albacore Association 'Log'. Meantime please accept the Commodore's wishes for a fun-filled Summer of sailing, whether you are lazily sailing at your favourite spot, or trying for many of the coveted trophies. Also your Commodore will be happy to hear from you if you have any questions or requests for information, and can be reached through the Association's address, Box 4, Etobicoke, M9C 4V2, Ontario.

caa news

HOW TO READ YOUR CANADIAN ALBACORE ASSOCIATION LOG - As already mentioned, the Log, will be mailed to you in a few weeks. The Log will be divided into six sections, tabbed and named. Material will be published in Shackles & Cringles, on pre-punched paper, with the correct Divider noted on the upper righthand corner, for addition to or replacement in your binder. Many interesting and informative articles are planned, written by noted sailors, plus up-to-date records pertinent to the Association.

Chris Yaneff and Kent Taylor, both Albacore sailors, introduced the new Log, to the Executive. It was thought to be a wonderful idea, and one which would serve the members as a continuing and up-to-date source of information. We will keep the material coming - the rest is up to you.

'OPINION' A section called 'Opinion' appeared in the first two issues of Shackles & Cringles, edited by Colin Vaughan a few years ago, this section has not appeared since - the reason - No one seems to have an opinion - adverse or otherwise, on how, what, or where the Canadian Albacore Association is going. If we are right, we would like to hear it, if we are wrong we would also like to hear it. This section will appear in all future issues - it's again - up to you to fill the space. What do you think of the new Log, the recent sites for the Canadian and Junior Championships, the North American, the coming International and Club Team races - We all can't be neutral, - **AHOY ARE YOU THERE! OR JUST PHANTOMS WHO PASS IN THE TYPE?** Let's see some letters to the editor, this is your publication, fill it up, we'll print it, - 'nuff said.

CANADIAN CHAMPIONSHIPS - ANNUAL GENERAL MEETING - Notice of Race, Entry Form, Notice of Annual Meeting, and list of Nominees to the Elected Executive of the Canadian Albacore Association, appear in this issue. No further publication will be mailed before the Canadians, to be held September, 20 to 22nd, Fern Resort, Orillia, Ontario.

DO YOU HAVE A JUNIOR SAILING PROGRAM AT YOUR CLUB - If not, we can help you organize one - if you already have - we can help you improve your program. Fred Francis, 1st Vice Commodore of C.A.A., has compiled a most informative and complete article on how to form and improve JUNIOR SAILING PROGRAM at your club. If interested - write to the C.A.A. for further information.

OUTER HARBOUR CLUB - There are still openings for membership at the Outer Harbour Club - Contact Frank Healey, 438-8941. This is a wonderful spot, lots of space and activity, at reasonable rates.

regattas - 1974 RACING CALENDAR

Aug.

3-4	24 Hour Race	Stormont Y. C. Ottawa
4	Invitational Regatta	Balsam Lake S. C. Ont
4	Muskoka Lakes Assoc. Regatta	Lake Joseph S. C.
5	Grand Island Cruise Race	Balsam Lake S. C.
10	Invitational	Lake of Bays S. C.
10	Cruise Race	Muskoka Lakes
10-11	CAA NATIONAL CLUB TEAM RACES	Royal Canadian Y.C. Toronto
10-11	Club Races	Lac Deschenes Y. C. Ottawa
11	Open Regatta	Lake Joseph S. C.
17	McLaughlin Trophy 1st & 2nd Race	Muskoka Lakes S. C.
17-18	Madawaska Punch Bowl	Calabogie S. C. Ottawa
18	Club Races	Lake Joseph S.C.
17-18	ALBACORE WORLD TEAM RACES	Chicago, Ill. U.S.A.
19-21	USAA CHAMPIONSHIPS	Chicago, Ill.
22-24	ALBACORE NORTH AMERICAN CHAMPS.	Chicago, Ill.
24	McLaughlin Trophy 3rd race	Muskoka Lakes S. C.
24-30	C.O.R.K.	Kingston, Ontario
31	Challenge Trophy	Muskoka Lakes S. C.
31-Sept. 1	Annual Albacore Regatta	St. James T. S. C. Toronto
31-Sept. 1	Club Championships	Oxford S. C. London
31-Sept. 2	Club Championships	Fanshawe Y. C. London
31	Club Races.	Hudson S. C. Ottawa

Sept.

1	Club Races	Lake Joseph S. C.
7-8	District 10 Championships	Ottawa New Edinburgh S. C.
7-8	Commodore's Cup	Sibbald Pt. S. C. I. Simcoe
8	Slalom Match Races	Lakehead S. C. Thunder Bay
8	Fleet Sail-offs	Royal Hamilton Y. C.
20-21-22	CAA NATIONAL CHAMPIONSHIPS	Fern Resort, Orillia Ont
21-22	Fall Closed Regatta	Ottawa New Edinburgh Club
21	Independent School Dinghy	Lakefield College S.C.
22	Team Races	Lakehead S. C. Thunder Bay

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Sept. Cont'd

1974 Racing Calendar

29 Independent School Dinghy Ladies Lakefield C. S. Ont
 29 Slalom Races " " "

Oct. 13 Thanksgiving Regatta Hawkestone S.C.

Weekly Club Series, 1974

Bala S.C.	Saturday Afternoons 2:00 P.M.
Balsam Lake S. C.	July/August every Sunday
Boulevard C.	Wednesday, Spring, Summer & Fall
Conestoga S. C.	Wednesdays & Sundays
Fanshawe Y. C.	Saturdays&Sundays, commencing end May
Grimsby S. C.	Tuesday & Thursday Evenings May-Sept.
Hawkestone S. C.	Saturdays & Sundays Lake Simcoe
Jacksons Point Y. C.	Saturdays & Sundays
Kempenfeldt Bay S. A.	Saturdays, June 22 to August 31.
Kingston Y. C.	Tuesday & Thursday Evenings From Mid May
Lake Cameron Y. C.	Saturdays 1:00 P.M. July/August
Lakehead S. C.	Sundays 10:00 A.M. Wednesdays 7:00 P.M.
Midland Bay S. C.	Sunday Afternoons
North Toronto S. C.	Friday Evenings commencing May 31st
Ottawa New Edinburgh C	1st Series - June 1 - July 14 2nd Series - August 10 - Sept. 29
" " "	Mini Series July 20-Aug. 4.
Oxford S. C.	Wednesday Evenings, Saturday/Sunday afternoons
Parkway S.C.	Sundays 2:00 P.M.
Peninsula Lake Y.C.	Sunday Afternoon 2:00 P.M. July/Aug.
Royal Hamilton Y.C.	Tuesday & Thursday Evenings
Sparrow Lak- S.C.	July August Saturday Afternoons
Wood Lake Sailing C.	Fun Fleet Racing each Saturday

M.Y.R.C. SERIES -

For information Contact:

June 8 National Y.C.
 15 Royal Canadian Y.C.
 22 Ashbridges Bay Y.C.

M. J. Dyett
 1356 Tyneburn Cr.,
 Mississauga, Ontario.

July 6 Port Credit Y.C.
 13 Island Y.C.
 20 Boulevard C.
 27 Toronto S.C.C.

Sept. 7 MYRC Open
 (After Sail - Pier 4)

When entering make sure you advise your Fleet, A or B. and fly the colour on your sail, (see MYRC sailing instructs.) Sail numbers must be clearly visible on your sails. You will be **disqualified** if these instructions are not followed.

CANADIAN ALBACORE ASSOCIATION
14TH ANNUAL CANADIAN CHAMPIONSHIPS
SEPTEMBER 20, 21, 22, 1974
NOTICE OF RACE

1. Date and Location - September 20, 21, 22, 1974, at the Fern Resort, R. R. #5, Orillia, Ontario. (Lake Couchiching & Lake Simcoe.)
2. Entries - The entry fee for applications postmarked on or before September 8th, will be \$22.00. Entries will be accepted after that date, up to September 15th, at a fee of \$27.00. No entries will be accepted after September 15th, 1974.
3. Classes - There will be three classes as follows:-

A Class	-	the best helmsmen
B Class	-	average helmsmen
Senior Class	-	Helmsmen 40 years of age or over. Crews may be any age.

The Regatta Committee will determine the allocation of helmsmen to each class. Juniors are welcome to enter this regatta.

4. Eligibility - The intention of this regulation is to limit entries to this regatta to active Albacore sailors who have a continuing interest in the class. The named helmsman must meet both of the following classifications:
 - I Must be a member or an associate member of a National Albacore Association
 - II a) Own an Albacore or be a member of the immediate family of an Albacore owner and satisfy the Regatta Committee that he has an active and continuing sailing interest in the Class; OR
 - b) have been an active sailing member for at least one season of a club or association (such as the YMCA) which own Albacores that are regularly used and raced by its members
 - c) be sponsored by the C.A.A. to create interest in the Class in areas where the Albacore is not well known or for reasons considered by the C.A.A. to be of benefit to the Class.

Active membership in a recognized Albacore Fleet for at least one season or frequent cottage or non-competitive sailing of an Albacore will normally qualify an entrant under IIa. Entrants are requested to state their sailing experience in Albacores on the application form.

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5. Races - Friday - 2 races in afternoon
Saturday - 3 races
Sunday - 1 race

If any race scheduled for Friday or Saturday is cancelled the Race Committee may schedule a second race on Sunday morning. no races will be started on Sunday after 12 noon.

For Skippers in B and Senior classes only, who are unable to race on Friday, special rules will be used to compute their overall scores. This arrangement will not apply to A Class.

6. Accommodation - See reservation form attached. Reservations are made direct to Fern Resort.

Camping facilities are available.

7. Complete information on the 1974 Canadian Championships will be mailed to all entrants on receipt of Entry Form and Entry Fee.

NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the 1974 Annual General Meeting of the Canadian Albacore Association, will be held at Fern Resort, Orillia, Ontario, on Friday, September 20, 1974, at 9:00 P.M.

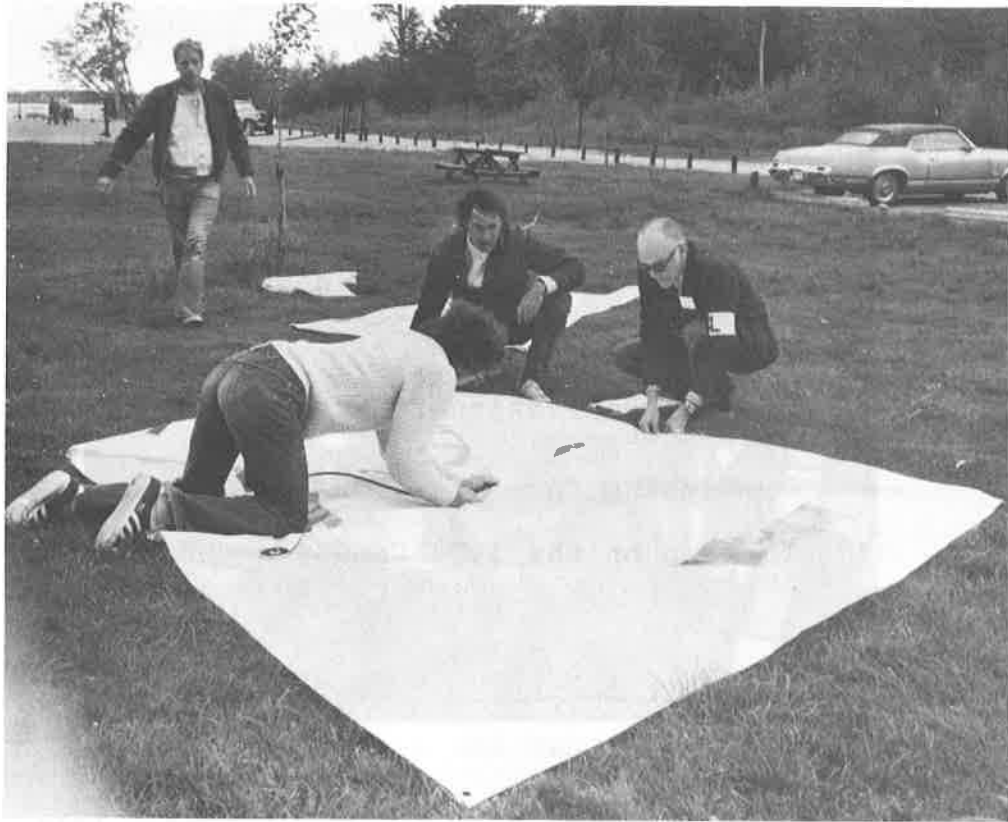
The principal business to be transacted will include:-

1. Reports from Officers of the Executive
2. Approval of Financial Statements
3. Election of Officers for the next fiscal year.
4. Any other business that shall properly come before the meeting in accordance with the By-Laws of the Association.

Members may give their proxies to other members to vote at this Annual General Meeting.

The following slate of Officers have been nominated by the Executive for election:

Christopher B. Paterson	Past Commodore
Fred J. Francis	Commodore
Ian F. H. Rogers	1st Vice Commodore
John D. Leitch	2nd Vice Commodore
Richard Austin	Rear Commodore
Ross A. McCallum	Secretary-Treasurer
Dennis Sherwood	



'MEASURING IN AND TIGHTENING UP'

AT THE 1973 CANADIAN (photos Packet & Times Orillia)





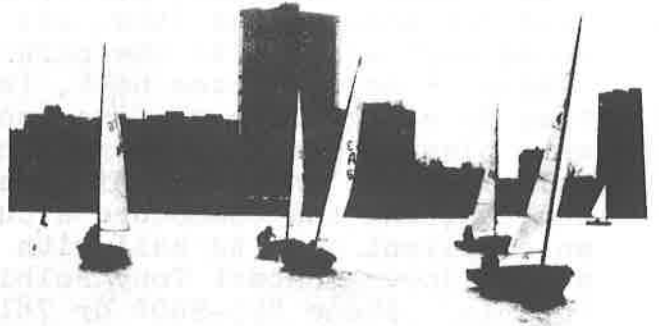
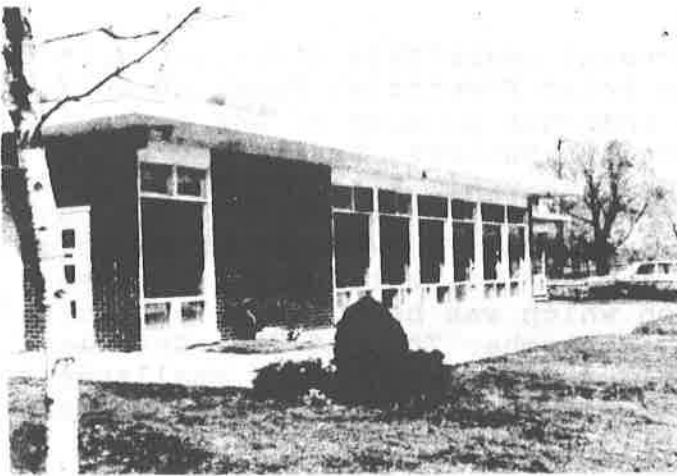
WINNER OF THE 1973 CANADIAN CHAMPIONSHIPS 'A' FLEET PAUL MAGNINI OF GRIMSBY S. C. LEFT, AND CREW KEVIN FIRTH, GORDON SMITH, MPP FOR SIMCOE COUNTY ONTARIO PRESENTED TROPHY



WINNER OF THE 1973 CANADIAN CHAMPIONSHIPS 'Senior' FLEET WILLIAM BOBBS AND CREW CAMERON YOUNG, OF ASKBRIDGE'S BAY S.C. LEFT, TROPHY PRESENTED BY GORDON SMITH, MPP FOR SIMCOE COUNTRY

(photos Orillia Packet & Times

Chicago, Chicago...



Chicago Corinthian YC clubhouse, and sailing in front of the Chicago skyline (Ron Center photos)

1974 NORTH AMERICANS - U.S. NATIONALS - There is still time to enter these championships and a few berths are still available, in Canadian quota. Twenty-five entries are in with a half dozen left.

If you feel qualified - think about holidaying in Chicago sailing on Lake Michigan. Lots of Motels, camping can be arranged, and a real fun program is planned. Entry form was attached to the April issue. Dates - U.S. Nationals August 19-21, North American August 22-24. Contact Commodore Paterson - 863-1133, for further information and entry form.

BALSAM LAKE SAILING CLUB - The Eleventh Annual Albacore Invitational Regatta, for the Griffin Trophy, will take place, Sunday, August 4, 1974. Up to 55 boats can be accommodated and a large entry is expected, including many top-name Albacore sailors. Two races will be sailed in the afternoon, followed by buffet supper and presentations. If you are interested contact Chris Paterson, at 863-1133 or 481-7652. We of course can in no way, guarantee entry to this Regatta, it is mentioned here, only, because of its success and popularity in past years.

ST. JAMES TOWN ALBACORE REGATTA - Attached is a notice of race and entry form. This regatta may be limited to 40 boats, so send your entry early if you wish to sail.

ARK (ALBACORE REGATTA KINGSTON) - July 27-28 - ARK will probably be looking back at its great success by the time you read this. Mention was made in the past two issues of Shackles & Cringles, a kind Albacore member brought to my attention that the date was not mentioned in the last issue. However the dates were on the 1974 Racing Calendar in the April issue and we hope you noted, planned, and attended. Those of you who were lucky enough to make it, we will look forward to seeing the results.

fleets

SIBBALD POINT SAILING CLUB - In recent years this different type of fleet has been growing at Sibbald Point Provincial Park, at Sutton, Lake Simcoe, Ontario. Different inasmuch as none of the members have cottages on the lake, all are dry sailors, trailering their boats each weekend to the park and back again after a lot of good fun.

There is no committee boat, (although they would welcome one), but they do manage four or five good races most weekends. Three regattas were planned for this year. The Early Bird, which was a success, held June 8th and 9th. Mid Season which was held last week, July 6, and 7th, and the Commodore's Cup, September 7th and 8th. This is an excellent spot to sail with tricky winds and a real challenge to any sailor. Contact Tony Polhill, Fleet Captain, R. R. 1, Newmarket, Ontario. Phone 895-5004 or 781-6113 (bus.).

Sibbald Point Fleet, affiliated with the C.A.A., at the Fleet Captains meeting held in Toronto, May 10. Welcome and Best Wishes for success and happy sailing.

MOOREDALE SAILING CLUB - OUTER HARBOUR - TORONTO- Mooredale also joined us this year and we wish you continued success. There is a great deal of activity on the Outer Harbour this season. You will find the Outer Harbour out from the foot of Leslie Street. Contact this office if you are interested.

BOULEVARD CLUB - TORONTO - R. Riggs, a member of C.A.A. and the Boulevard Club, advised that the Club purchased additional Albacores for their Junior Fleet and have retired their Sprites. They will now have a total Alabcore fleet for both Juniors and Seniors. Happy Sailing.

MEASUREMENT FEES - ALL ALBACORE MEASURERS - PLEASE TAKE NOTE-

As of JULY 1, 1974 THE FOLLOWING ADJUSTMENTS HAVE BEEN MADE IN THE FEE STRUCTURE FOR MEASURING BOATS:

\$10.00 BOAT, SAILS AND BUOYANCY

\$ 2.00 SAILS ONLY

WE TRUST THAT ALL ALBACORE SAILORS CAN APPRECIATE THE NEED FOR THIS ADJUSTMENT.

ROBERT MALBY
CHIEF MEASURER FOR THE C.A.A.

"LAKE OF THE WOODS CHARTERS"....Book your family cruising holiday from June through September. Some sailing experience required. Contact Lake of the Woods Charters at 333 Kingsway, Winnipeg, R3M 0G6 or call (204) 284-4669.

technique

SAILING TIPS

By ALEX MACNAUGHTON

ROUNDING MARKS

THE OVERLAP RULE

When approaching a mark, a boat which has an inside overlap on its competitor, has the right to be given room by its competitor so that it may round the mark without interference. The inside boat has, of course, a shorter distance to travel and this position is much desired. Room includes the right to come about (turn the bow through the wind) or to jibe (turn the stern through the wind), if either of these procedures is necessary to round the mark. These privileges are commonly referred to as *buoy room*.

Buoy room privileges are established if the front of the bow of a boat astern is ahead of the imaginary line extending sideways from the transom of the boat ahead. This overlap must be in existence at an exact time. It must occur prior to and still exist when the stem (front of the bow) of the lead boat on the outside is exactly two boat lengths from the buoy.

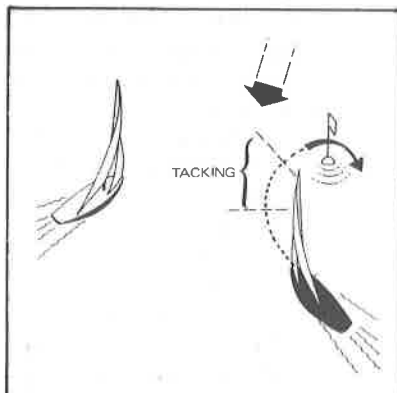
If the boat astern has not obtained such an overlap prior to this moment, it cannot later establish an overlap and so gain overlap privileges. Often a boat unable to establish an overlap prior to the two boat length point will have the speed to catch up and establish an inside overlap. It would have no buoy room rights. It should therefore overlap on the outside.

The rules state that a boat claiming an inside overlap has the onus of proving it was

established at the proper time. Also that a boat claiming an overlap has been broken, has the onus of proving that she was clear ahead more than two of her overall lengths from the mark. In these circumstances especially, it is wise to claim your point verbally at the time and obtain an admission if possible from the crew of the other boat.

There are a number of exceptions to the overlap privileges rule.

(1) It is a basic rule of racing that a boat on a starboard tack (wind coming over the starboard or right side) has right of way over a boat on a port tack. Part of this port-starboard rule takes precedence over the overlap rule. When both boats are beating into the wind a port tack boat cannot gain inside overlap privileges on a starboard tack boat whose bow is two boat lengths from the mark. On a beat, especially when you will be



Both boats are beating. Black cannot claim room during her coming about (Exception 2).

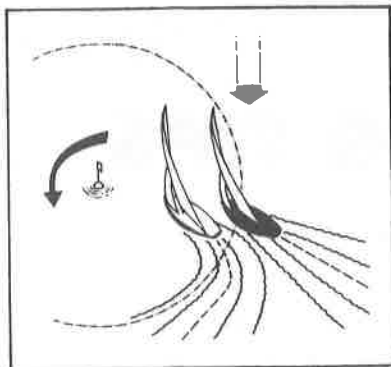
rounding the buoy keeping it to port (favoured by race committees), it is wise to approach the buoy on starboard. However, when two boats are on opposite tacks, and are running for the mark with the wind coming from behind them or reaching for the mark, the overlap privileges rule takes precedence over the port-starboard rule.

(2) It is another basic principle of racing that a boat cannot come about or jibe and disturb another boat while the come about or jibe is in progress. Like the port-starboard rule, part of this rule is not overridden by the overlap privileges rule. Whether you are on a beat, reach or run, you cannot, when your competitor is at or within two boat lengths, *come about* from starboard to port, or from port to starboard, and in the process disturb him and establish overlap rights. But this is not the case if you *jibe*. If you are outside the two boat length rule when jibing, you must keep clear, of course, but if your overlap has been established when the bow of the outside boat is two boat lengths from the mark, you have overlap privileges during and after your jibe. See diagram.

(3) In the following exception, the two boat length distance is ignored and an overlap is or is not established with its privileges at the moment the outside boat commences to round the mark. If a boat on either a port or starboard tack sails in toward the mark, *comes about* onto the same

DIVIDER V FOR "LOG"

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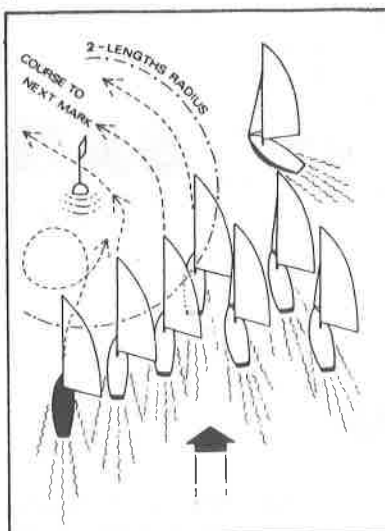


White has finished her come about when Black is within 2 boat lengths of the mark and so the 2 boat length principle does not apply. White has buoy room privileges on the basis that there will be an overlap at the mark (Exception 3).

tack as its competitor and finishes the come about when the other boat is within two boat lengths of the mark, all without disturbing its competitor, then an inside overlap when the bow of its competitor reaches the mark entitles the inside boat room to round the mark and tack or jibe in the process. Also, if the positions are reversed and the boat coming about in such a manner finishes as lead boat within two boat lengths with its competitor having an inside overlap, the competitor has overlap rights. The two boat lengths provision does not apply in these circumstances. See diagram.

(4) The principle of the lead boat having to give room to a boat with overlap privileges is on the basis that the lead boat can give the required room. The lead boat must try to give room, but if unable to do so because of, for example, the presence of other boats, or heavy seas, there will be no overlap and the inside boat will have no rights. If you foresee a situation of this nature developing, claim your overlap rights as early as possible. This will place the outside boat on notice. See diagram.

(5) In order to establish overlap rights, the foremost point of the boat astern must be ahead of an imaginary straight line, an extension sideways of the transom of the lead boat. If the helmsman of the lead boat, when the foremost point of his bow is two boat lengths from the buoy, has his boat turned at an angle



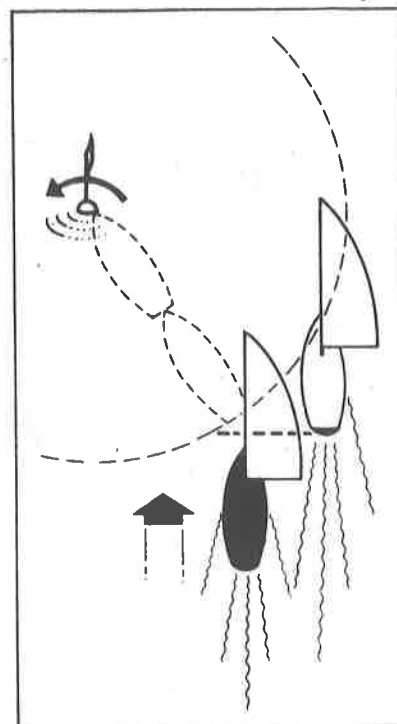
Even though Black has established an overlap in proper time on the next boat, the latter may not be able to give room because of the delay in response from the outside boats (Exception 4).

away from the buoy, this imaginary line may cross ahead of the bow of the boat astern, thus defeating the establishment of overlap privileges. The helmsman of the lead boat has the privilege of choosing to make a wide rounding at that point, up to, but no more than following a two boat length circle around the buoy. He can be fickle and change his mind immediately thereafter and make a close rounding of the buoy. The rules allow this to reduce crowding at the mark. See diagram.

ROUNDING WITHOUT OVERLAP RIGHTS

The basic principle is that a boat clear astern at the two boat length point, but which is catching up on a competitor, must keep clear. The rules allow a lead boat in such circumstances to jibe when necessary to round the mark and the other boat must stay clear.

But a boat may not come about while rounding the mark if such will disturb another boat without overlap privileges. These may seem like hard lines. There is, however, an answer. The lead boat should head into the wind for a moment, and during this period it will slow and the following boat will be forced to keep clear, not having overlap rights. Normally, in a few



Black would have overlap rights if White was heading directly for the buoy. The rules allow White to defeat an overlap by Black in this manner to minimize crowding at the mark (Exception 5).

seconds, it will be safe to complete the come about.

TOUCHING A MARK

In the 1969 revision of the rules, an interesting change has been made. Previously a yacht which touched a mark had to retire from the race. Now, such a sailboat may correct her error by rounding the mark one complete additional turn in the same direction. In making this complete turn, she must keep clear of all other yachts rounding the mark properly. She has no rights. The rules state that she must keep clear until on a proper course for the next mark.

The diagrams are taken from the book "Paul Elvstrom Explains the Yacht Racing Rules", Adlard Coles Ltd., London, Publishers.

SUGGESTED READING

Divider VI SU1

BOOKS ON SAILING AND RACING

The following list of books on various aspects of sailing and racing has been compiled for your guidance. Any evaluation of sailing books is bound to be subjective. The comments offered here are intended to give a general idea of the scope and nature of the book. The list has been broken down into five categories, and where a book deals with more than one category it is cross-referenced. Sailing books may be obtained on order from any bookstore. It may be noted that in Toronto Tom Taylor, 136 Adelaide St. East, W.H. Smith, 100 Yonge Street, Davidson Sails & Marine Supplies, 107 King Street East, Albert Britnell Book Shop, 765 Yonge Street, carry the largest stocks of these books.

A. GENERAL BOOKS ON SAILING AND RACING

(More advanced or technical books designated*)

1. **TECHNIQUES OF SMALL BOAT RACING* - Stuart Walker, 14 Sailors
W.W. Norton, 1960 \$12.50
One of the very best all-round books on sailing and racing with each chapter written by different International 14 Sailors.
2. **GLENANS SAILING MANUAL* - Adlard Coles, 1963 \$ 8.95
A translation of the instruction book used by the famous Glenans Sailing School of France, it is one of the most explicit and detailed explanations of sailing principles and practice. It starts with basic principles in each area, but contains appendices with detailed and sophisticated explanations for the advanced sailor. Very good.
3. **SAILING FROM START TO FINISH* - Yves Louis Pinaud
Adlard Coles \$12.50
Canadian Yachting Bookshelf
0143 Clement St., LaSalle, P.Q.
A new book in English translation by French Olympic Sailor and National Team Coach. Clear text describes sailing as the title suggests. Excellent pictures including sequence shots of tacking, gybing, etc. Very good.

4. *RACING DINGHY HANDLING - Ian Proctor \$ 5.50
Adlard Coles and John de Graff
Comprehensive and detailed guide on rigging, tuning
and sail trimming by one of England's best designers.
5. *MANUAL OF SAILBOAT RACING - T.J. McDermott \$10.50
McMillan, 1964
Very good all-round book on sailing and racing. All
the points dealt with comprehensively with references
to opinions of other authors for cross-reference.
6. *EXPERT DINGHY AND KEELBOAT RACING - Paul Elvstrom \$13.75
7. SAILING TO WIN - Robert N. Bavier, Jr. \$ 9.00
Dodd, Mead & Co., 1969
A complete book by helmsman of the 1964 America Cup
Winner 'Constellation' which deals thoroughly with
tuning, 'go-fast' techniques, the racing rules and
a good section on tactics.
8. *SAILING THEORY AND PRACTICE - C.A. Marchi, 1964 \$18.00
See section on boatspeed, sails, rigging and tuning.
9. REACHING FOR THE LIMIT - Jim Murrant, Ed.
Quadrangle Books Inc.
A first-rate book with each chapter done by a dif-
ferent expert, all Australians. Excellent pictures,
diagrams and text.
10. SUCCESSFUL SAILING - Lou D'Alpuget, 1970 \$ 3.95
Thomas Nelson & Sons (Canada)
A clear succinct book dealing with all the important
points of sailing past with excellent illustrations.
11. THOUGHTS ON SMALL BOAT RACING - C. Stanley Ogilvy \$ 7.25
Van Nostrand, 1957, 2nd. Ed. 1966
A well-known 'classic' written by famous Star skipper
with practical advice emphasizing the intangible
factors of the skipper's preparation and attitude.
12. YACHT AND DINGHY RACING TACTICS, TIMING AND HANDLING
Hugh Somerville \$ 6.50
Coles & Harrap
Good general book on sailing and racing with good
sections on tactics and rigging.
13. SCIENCE OF SAILING - Bill Robinson
A good general book, well illustrated, on rigging,
tuning and sailing with a particularly good chapter
on when to tack down-wind.

classified

FOR SALE - sails - Musto & Hyde Main and Jib, limited use.
mast - Proctor 'D' section. Contact Kent Taylor,
 2 Hartfield Court, Islington, Ontario. 416-326-2861

"Try our Albacore "Power" rudder blade for maximum control. Extra thick 1 $\frac{1}{4}$ " airfoil section. Fits 7/8" heads. \$32.00 plus Ontario sales tax if applicable. HPL, 4 Caesar, Ottawa K2G OB2. (SEE AD NEXT PAGE)

mast - Holt Allen 1970 - \$130.00
boom - 1970 50.00
sails- Main with window Elvstrom \$100.00
 jib " " " 40.00
 jib " " Musto & Hyde 25.00

Contact Paul Walsh, R. R. 1. Shanty Bay Ont. 705-728-3229

Albacore AL1297 "Transcendentia" Fairey Marine wooden - well known - in excellent condition for racing - 2 suits of good sails, trailer, boat cover, dolly, 2 rudders, rotating or fixed mast, centre-main, Olympic blocks. Available July - Owner on year's leave. Contact David Taplin, 115 MacGregor Cr. Waterloo, Ont. 519-884-2503 - or - at Conestoga S.C.

Albacore - Fairey Marine No. 520 Wooden - partially restored, new buoyancy bags and bailers. Contact - Mrs. Switzer, Oshawa 725-1064.

'VIVATEX BOAT COVERS'

10.38 oz. MARINE TREATED CANVAS)

TOP COVER - Rises from bow to mast - drops to stern. 8" to 10" hemmed overhang with cord inside, connects at shrouds via loop and dowel, ties at bow. Brass grommets in hem at 3' distances. Shroud collars close with dome fasteners on each side.

UNDER COVER - Close fitting 4" to 6" over gunwhale hemmed with cord inside and ties at bow. 2 grommets on each side and 2 lines for across included.

PRICE - Top Cover - \$75.00
Under Cover - \$75.00
Plus 7% Sales Tax if Ontario Resident

CONTACT - Hans Gottschling
1655 Coram Crescent
Mississauga, Ont. L4X 1L1
Phone - 416-277-3306

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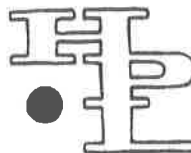
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CANADIAN ALBACORE ASSOCIATION
14TH ANNUAL CANADIAN CHAMPIONSHIPS
SEPTEMBER 20, 21, 22, 1974

E N T R Y F O R M

HELMSMAN _____ SAIL NO. _____

Address _____ Phone No. _____

No. Street

City

Prov.

Postal Code

Club (If Any) _____

CREW _____ Phone No. _____

Address _____

I agree to conform with the current I.Y.R.U. Racing Rules as adopted by the Canadian Yachting Association and with the Sailing Instructions for this regatta. I am a paid-up member of the Canadian/United States/British Albacore Association. (Strike words not applicable.) I will show my measurement certificate at registration. It will include endorsements for any new sails and for a buoyancy test made within the past 12 months.

I understand the Regatta Committee will make final allocation of each boat to a Class. However, I would prefer to race in A__B__ Sr__ Class. (Sr. Class 40 years of age or over).

I certify I am eligible in accordance with the notice of Race. My sailing and racing record for 1973 and 1974, for use in allocation to a Class and for establishing eligibility is as follows:

DATE _____ SIGNATURE _____

Please indicate if you will or will not attend the Friday Races Yes....No....

Entry Fee - (including 2 box lunches on Saturday) - for entries postmarked September 8th, 1974 or earlier - \$22.00

Entry Fee - for entry submitted later than September 8th, 1974 \$27.00

Entries received later than September 15, 1974 - subject to acceptance by the Race Committee.

I enclose my cheque or money order for \$ _____ payable to the Canadian Albacore Association - Mailing Address - Canadian Albacore Association
P.O. Box 1028, Station Q,
Toronto, M4T 2P2, Ontario

THE NATIONAL CHARITABLE GAMBLING FOUNDATION
1100 EAST 17TH AVENUE, DENVER, COLORADO 80202

MEMORANDUM

TO: _____
FROM: _____
SUBJECT: _____
DATE: _____

The purpose of this memorandum is to provide information regarding the proposed changes to the National Charitable Gambling Foundation's policies and procedures. These changes are necessary to ensure the Foundation's continued success and to maintain its commitment to the public good.

The proposed changes include the following:

- 1. _____
- 2. _____
- 3. _____

It is recommended that these changes be implemented as soon as possible. The Foundation's Board of Directors is expected to meet on _____ to discuss these proposals. Your input and feedback are highly valued and will be taken into consideration.

RESERVATION FORM

TO:

FERN RESORT,
R.R. #5
ORILLIA, Ont.

Toronto Phone 364-4069
Orillia 705-325-2256

1974

CANADIAN ALBAGORE CHAMPIONSHIPS
FRIDAY, SEPT. 20th TO SUNDAY, SEPT. 22nd.

Please reserve the following accommodation for:

Name: MR. & _____

Address: _____
No. Street City Prov. Postal Code

Telephone No. _____ No. of Adults _____ No. of Children _____
(Ages _____)

Accommodation (Week-end package rate) Indicate preference -

Fern Resort: The Main Inn	\$ 48.30 per person	_____
Cottage Accommodation	\$ 46.00 per person	_____
Mariposa Inn	\$ 43.70 per person	_____

If more than two persons share accommodation cost is \$39.10 per person.
(Above prices include Tax and Gratuity).

When Fern Resort is completely full - We shall make bookings at local Motels at package rate of \$42.55 (Tax and Gratuity included)

Note: Saturday lunch is not included in above rates. (Two box lunches are included for Sailors in entry fee.) Box lunches for non-sailors available at \$3.00 per person. (Please indicate below if you will require a Saturday Box Lunch. (Friday luncheon is not included in Weekend package.)

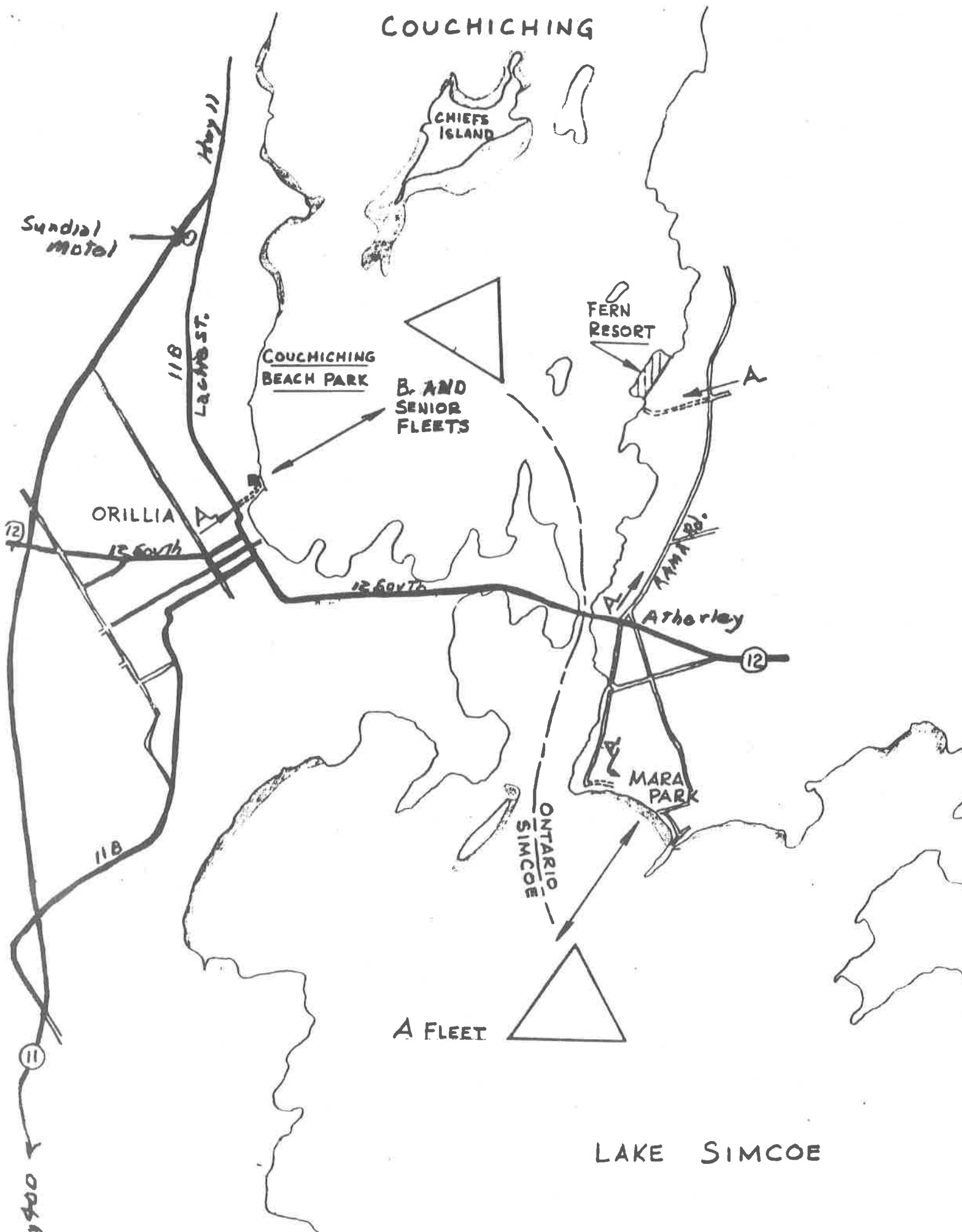
Meals for Guests not registered in any of the complete package plans as stated above:

Friday Luncheon	\$ 3.00	Number required	_____	\$	_____
Friday Dinner	7.50	" "	_____		_____
Sat. Breakfast	2.50	" "	_____		_____
Sat. Box Lunch	3.00	" "	_____		_____
Sat. Dinner	7.50	" "	_____		_____
Sun. Breakfast	2.50	" "	_____		_____
Sun. Lunch	4.40	" "	_____		_____
(All package plans and extra meals include sales tax and gratuities)				total \$

DEPOSIT REQUIRED \$20.00 per couple (Refund on deposit less 10%, if cancellation received prior to Sept. 14, 1974.)
Make cheque payable to: Fern Resort, and mail direct to
R. R. 5, Orillia, Ontario.

JUVENILE RATES Half Price to 12 Years.
Three quarters - From 13 to 17 years.

COUCHICHING



CHIEFS ISLAND

Sundial Motel

Highway 118

118 LACHY ST.

COUCHICHING BEACH PARK

B. AND SENIOR FLEETS

FERN RESORT

ORILLIA

12 South

12 South

Arthurley

12

MARA PARK

ONTARIO SIMCOE

A FLEET

LAKE SIMCOE

Highway 118



ST. JAMES TOWN ALBACORE REGATTA
August 31 and September 1, 1974

A repeat of last year's very successful regatta at the Toronto Outer Harbour. Good racing, the best winds in Toronto, boat storage and a relaxed atmosphere. A great chance for final practice for the Canadian Championships. Last year the winner of our regatta went on to become the Canadian Champion. The race instructions will be similar to the Canadians.

The entry fee of \$12.00 per boat includes two dinners each, for skipper and crew and our infamous gloop to calm post-race nerves. The food will be the same great chili as last year and a clam chowder and corn roast.

There will be two races back to back each day beginning at 12:30 p.m. The number of boats may have to be limited to forty, so enter early. Directions and instructions will be mailed upon receipt of application.

ENTRY FORM

Skipper's Name: _____

Phone: _____ Address: _____

Club (if applicable): _____

Sail Number: _____ Boat Storage: _____

Make \$12 cheque payable to St. JAMES TOWN SAILING CLUB and mail with

entry from to: J. L. Miller
Regatta Chairman St. JTSC
1211 - 99 Howard Street
Toronto M4X 1K1
Phone: 929-9096

(Deadline for receipt of entry is August 26th.)

